



## Adult Catechism Study | Session Six: Confession & Absolution

### Overview

Brief Exhortation: "Confession... should and must continue without letup as long as we live. For the Christian way essentially consists in acknowledging ourselves to be sinners and in praying for grace." (650)

#### **First: What is Confession?**

*Confession has two parts.*

*First, that we confess our sins, and*

*Second, that we receive absolution, that is, forgiveness, from the pastor as from God Himself, not doubting, but firmly believing that by it our sins are forgiven before God in heaven.*

#### **What sins should we confess?**

*Before God, we should plead guilty of all sins, even those we are not aware of, as we do in the Lord's Prayer; but before the pastor we should confess only those sins which we know and feel in our hearts.*

#### **Which are these?**

*Consider your place in life according to the Ten Commandments: are you a father, mother, son, daughter, husband, wife, or worker? Have you been disobedient, unfaithful, or lazy? Have you been hot-tempered, rude, or quarrelsome? Have you hurt someone by your words or deeds? Have you stolen, been negligent, wasted anything, or done any harm?*

Brief Exhortation: "[Absolution] is a work that God does when He declares me free of my sin through His Word placed in the mouth of a man. It is this splendid, noble, thing that makes Confession so lovely, so comforting." (651)

"We strongly urge you by all means to make confession of your need, not with the intention of doing a worthy work by confessing but in order to hear what God has arranged for you to be told." (652)

#### **Second: What is the Office of the Keys?**

*The Office of the Keys is that special authority which Christ has given to His church on earth to forgive the sins of repentant sinners, but to withhold forgiveness from the unrepentant as long as they do not repent.*

#### **Where is this written?**

*This is what St. John the Evangelist writes in chapter twenty: The Lord Jesus breathed on His disciples and said "Receive the Holy Spirit. If you forgive anyone his sins, they are forgiven; if you do not forgive them, they are not forgiven." (John 20:22-23)*

#### **What do you believe according to these words?**

*I believe that when the called ministers of Christ deal with us by His divine command, in particular when they exclude openly unrepentant sinners from the Christian congregation and absolve those who repent of their sins and want to do better, this is just as valid and certain, even in heaven, as if Christ our dear Lord dealt with us Himself.*

Brief: "We should place slight value on our part in it. But we should hold in high and great esteem God's Word in the Absolution part of Confession." (651)

"When I urge you to go to confession, I am doing nothing else than urging you to be a Christian. If I have brought you to the point of being a Christian, I have thereby also brought you to Confession." (653)